

2025 Q1 Empowerment Awards Winners



Gabriela Cristina Chango Lescano
Universidad de Salamanca
Spain



Pallikonda A. D. B. V. Wickramasinghe
Kansas State University
Kansas, USA



Anjali Kashwal
PGIMER Chandigarh
India



Josephine Ouma
Jomo Kenyatta University of Agriculture
Kenya



Rachel Jackson
Griffith University
Australia

NEW ROUND OF THE MENTORING PROGRAM!

We have 194 registrants across
21 pods worldwide, with
participants from all continents
(except Antarctica). The program
runs from now until May.



Past Events

#FeMS+ and #MiP workshop at **HUPO** was a fantastic experience. We dove into meaningful discussions on time management, effective networking, prioritizing self-care and seeking out new opportunities. Grateful for the connections and insights—looking forward to future collaborations! Thanks again to everyone who attended and to #Evosep and #Bruker for supporting the event.



The recent Career Transition Coaching Workshop, facilitated by Veronika Popova, Dr. Maria Vasina, and Dr. Evgeniya Vorobyova, successfully engaged 19 participants over the course of the workshop, with an average of 13 participants per session. The workshop provided valuable insights, with participants highlighting the smooth coaching style, effective discussions and realisation of the wealth of resources as key benefits. The interactive exercises and diverse discussions among the participants further enriched the experience. The event was well received and coaches suggested that similar workshops be held prior to mentoring programmes to increase the effectiveness of mentor-mentee interactions.



Future Events

FeMS+ Out of the Shadows

Mid to Senior-level Leadership Development Program

Date: Sunday, February 23, 2025

Time: 8:30 AM to 7:30 PM

Location: National University of Singapore

Scan for details



Why Attend?

- **Discover Your Voice:** Overcome barriers and find confidence in your leadership potential.
- **Connect Globally:** Network with like-minded professionals and leaders in mass spectrometry.
- **Transform Your Career:** Gain insights and strategies to excel in executive roles.
- **No Registration Fee:** This exclusive in-person coaching event is free, but spaces are limited.
- **Apply now:** Applications are open now and close on January 24th 2025



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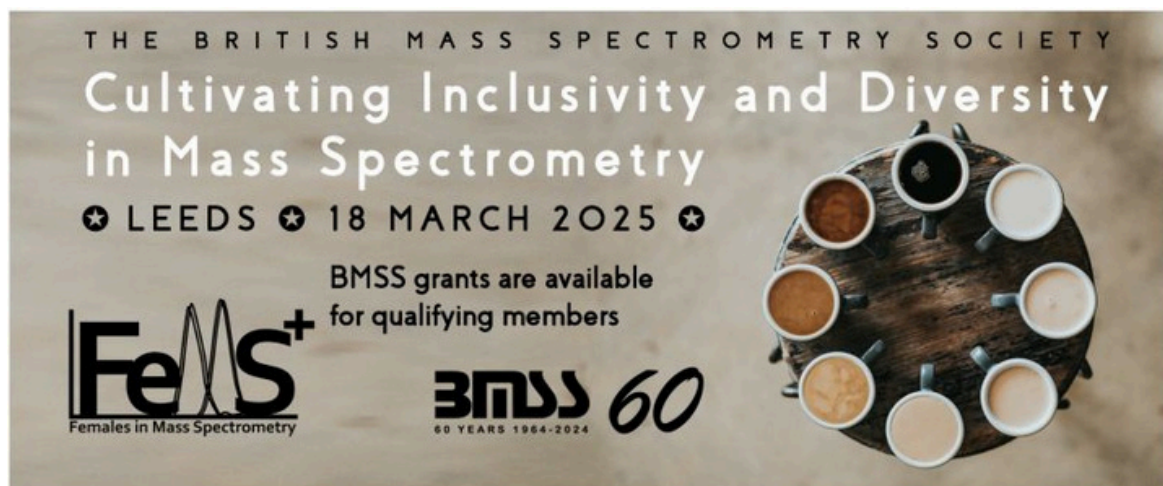
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More information:

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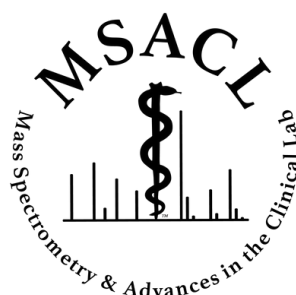
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