

Empowerment Awards

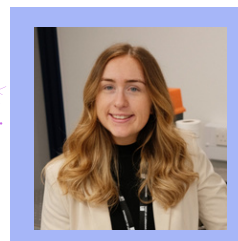
Winners Q3 2025



Ambrin Farizah Babu
University of Turku,
Finland



Courtney J. Christopher
University of Tennessee,
Knoxville



Emily Byrd
University of Leeds
UK



Krutika Manoj Padhye
Institute of Chemical
Technology, India



Sandee Michelle Oster
University of the
Witwatersrand, South Africa

Q4 2025 Applications

**Opens on
August 1st !**

**Awards of up to \$300 to
cover/offset work or study related
costs in the mass spectrometry
field !**

Application deadline August 15th

**Apply
now !**



PAST EVENTS

Metabolomics Society - Prague



At the Metabolomics Society 2025 Conference, held in Prague, several members of FeMS and FeMS alumni had an opportunity to catch-up.

Though no official FeMS event took place, the conference provided an invaluable opportunity to reconnect, share updates, and discuss future FeMS plans, as well as reinforce the FeMS support within the Metabolomics community.

ASMS Networking Session

The FeMS+ networking session at ASMS was a huge success! We had over 300 attendees, 20 volunteers, and a wonderful keynote from Livia Eberlin.

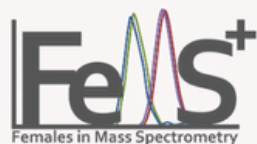
Livia Eberlin's advice:

1. Give time to mentorship and to improve representation in leadership positions
2. Celebrate & promote science in low income communities ("lack of resources does not equate lack of talent")
3. Beyond academics - make a difference in your community
4. Set up your priorities & stick to them!

Thank you to our sponsor Lipotype, our volunteers, the organizers, and Livia for making this happen!



UPCOMING EVENTS



Out of the Shadows

Join us in our premiere Leadership Development Program!

📅 Friday September 26, 2025 ⌚ 9 AM - 8 PM

📍 Montreal, QC, Canada Free registration. In-person only.



Scan for details!



Scan QR code to
apply today!

PROGRAM

Power Up Your Leadership Presence,
featuring Carol Lempert Speaking

PROGRAM OBJECTIVES

- Increase **executive presence**
- Harness the power of **storytelling** as a leadership & influence tool
- Gain **confidence** in presenting, from conferences to board meetings & beyond



The Fundraising Committee is looking for members. If you would like to be part of the committee please send an email to fems.fundraising@gmail.com.

OUR CURRENT SPONSORS:



If you would like to sponsor FeMS+, please visit:
<https://femalesinms.com/sponsors/>